



ECHOES of the NAGUAL

Facilitated by Claude

Sensory Navigation in the Dreamtime

2011 3-day Workshop with Paul Hougham

Fri 23.9. 17h – Sun 25.9. 17h

*We cannot see the Nagual.
We can only see ourselves
that it exists.*

Don Juan Mateo

If you wish to learn to tune into the deeper levels of your being, your connection to ancient knowledge of the land and crystals, to your dreams and animal guides, then do join one of these illuminating, joyous and fascinating workshops. CP

This workshop presents an opportunity to do high energy work for personal change in harmony with the cosmic web.
Bring comfortable clothing and out-door wear since we'll be also working in Nature.
Take along your music instruments and other items dear to your heart.

Dates: Friday 23 September 2011, 17h - Sunday 25 September 2011, 17h

Cost: 495.- CHF *Earlybird for payment prior to July 31, 2011: 450CHF*

Venue: **Hôtel Balance** CH-1922 Les Granges +41277611522 www.vegetarisches-hotel.ch

Cost: 2 nights & full pension (supper Fri - lunch Sun) & pauses

Fr. 260.- double room, shower/WC on same floor Fr. 290.- double room with shower/WC

Fr. 290.- single room, shower/WC on same floor Fr. 350.- single room with shower/WC

Fr. 170.- fee for those who do not sleep at the venue, all meals and pauses included

Please indicate your choice upon registration

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Conditions
- Non-refundable deposit: CHF 100,-
- After September 1, 2011 the full amount is due.
- Financial difficulties? Contact either of us.
Together we'll find a solution.

« **Very expanding, extremely colourful and empowering, a great adventure !** »

Annie, Ardèche

This seminar is designed for those who are supporting people, communities and organisations to find transformation and vision amidst changing times. The work takes place within an expanded perspective of meaning and consciousness arising from various global traditions that assume a deep interconnection between the Earth, humanity, and the cosmic 'weather' of prophecy and timelines.

Practically, we will be working as a dream circle, allowing the symbols of our dreams to remain without analysis as omens of the web we will build. We will hear the songlines of the land, uniquely expressed in the songs, odours and mythology of the region. We will be decoding how we present ourselves to each other and the landscape through the emanations of our energy fields, and in particular through how we participate in a wider 'community of being' that is carried by dreamtime allies, be they animals, plants or minerals. We will explore our capacity for odour perception and navigation and how this is embodied by those dreamtime allies who walk with us, and what inkling we have of our Soul's destiny. Odour navigation will be used to crack the egg of our everyday perceptions and assumptions, and acknowledge the presence of a wider realm of sentience in the Dreamtime.

This seminar is suitable both for beginners and those who have previously studied Medicine Teachings.

Paul Hougham is a trainer, acupuncturist, writer, drummer and college principal. He is the author of *The Atlas of Mind, Body and Spirit* (Gaia Press) now available in 9 languages worldwide, and has studied for 15 years with the metis Medicine Woman, **Arwyn DreamWalker** (www.morningstarlodge.net), lineage carrier to the Navajo Holy Man Grandfather Tom Wilson. Over recent years he has travelled to Ireland, Germany and France to offer medicine teachings. He is Drum Chief for the Rainbow Dream Dance, the annual focus of ceremonial medicine work led by DreamWalker across Europe and the Americas and is increasingly supporting learning and leadership in educational, commercial and community organisations.

*The leadership of those able to offer new visions of living or to affect our environment with empowerment and authenticity is founded upon a **wider perspective of meaning and consciousness.***

*This is facilitated by an engagement with the range and depth of our everyday senses that becomes the basis for **extraordinary experience**, from the football field to the boardroom or temple.*

Echoes of the Nagual

Within Aztec and Mayan mythology, each deity walked with a **NAHUALLI** (nagual) animal form of their sacred presence. Quetzalcoatl walked as a quetzal bird, Huitzilopochtli as a hummingbird, Tezcatlipoca as a jaguar or coyote. Meanings and usage of the term 'nagual' continue to range between the **guardian animal** of a person (similar to the familiars of European witches and wizards) and the **guardian holy person** of a village. It is also the '**second attention**' that was described to Carlos Castaneda by Don Juan, who told him:

*"The **Warrior** is always **alert** to catch hold of his stroke of luck. A warrior is floating, he adapts to changes . . . It means **taking account of** everything. Having to believe that **the world is mysterious and unfathomable** – that is the most essential undertaking of a warrior."*

Is the nagual now inaccessible in the Western world? Have the visions of the **songlines of the land** and the **gateways to the nagual** known to our ancestors been dulled?

Voices of participants:

"I know better who I am and how to build myself up to be stronger for my-self and others."

"I felt a great opening of my heart and an ever-strengthening union of the group."

"I understood that I can be myself connected to my heart and all of you."

"Working together strengthens the anchoring and extends it far around us thus allowing for efficiency in our actions for the good of all."

"Everything is connected: the place we live in, our need to link to nature and to honour Earth and Spirit."